

ABSTRACT OF THE DISCLOSURE

Systems, methods, and apparatus consistent with the present invention may be used to enable a subject to alter an image of the subject's body based on the subject's self-evaluation of the actual condition of the subject's own body. The subject may be prompted to capture, using an image capture device, an initial body image. The subject may also be prompted to self-evaluate the actual condition of the subject's own body. Based on the subject's response to the self-evaluation prompt, the initial body image may be altered to reflect the self-evaluation of the subject.

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